



Companies with Beacon as their EAP partner have been the recipient of the Employee Assistance Society of North America (EASNA) U.S. Corporate Award nine times since 2005.

Employee Assistance Program (EAP)

Personal challenges rarely stay at home and can overwhelm your employees and impact their productivity and wellbeing. The Beacon Health Options award-winning Employee Assistance Program (EAP) helps employees and their family members cope with life's toughest obstacles and issues of daily living. Our EAP currently serves 14 million lives in the United States, and more than 1 million additional lives in 80 countries across the globe.

THE BEACON HEALTH OPTIONS SOLUTION

We deliver vital support and information to your employees, seamlessly integrating with your benefit and wellness programs, to promote solutions to everyday life challenges. Our EAP aligns with your organization's culture and strategy, delivering beneficial assistance to your employees and results to you.

We believe individual preferences and personalized experience matters. Therefore, we take a multigenerational approach in how we market the EAP, engage individuals, and deliver services across each generation.

Our EAP provides confidential, professional counseling, education, and referral services for participants and their families, for a variety of issues, such as:

- Marital, family, and other relationship issues
- Financial and legal problems
- Alcohol or substance use concerns
- Grief and loss
- Balancing work and family
- Career transitions and work-related concerns
- Personal growth and development

Focused on assessment and problem solving, brief EAP consultation resolves most of these issues. However, when more intensive or long-term treatment is indicated, our master's level, trained EAP clinicians provide a complete assessment of issues and refer participants to the most appropriate resource based on their individual needs or concerns. Resources can include medical, mental health/substance use disorder benefits, and/or affordable or no-cost community organizations and self-help groups.

PARTNERING WITH YOU

We partner with your organization to maximize the health and productivity of your workforce by integrating

CORE EAP SERVICES

Beacon's Core EAP services for employees and family members include:

- Assessments and referrals to resources
- Telephonic, video, and face-to-face counseling
- Achieve Solutions[®] award-winning health and wellness website
- Legal, financial, and identity theft services
- Access to internet-based Work/Life resources
- Employee and supervisor trainings and seminars
- Crisis management services
- Organizational development, needs assessment, policy development, and team building

our services with your organization's existing goals and initiatives. We anticipate issues, develop programs and design policies to suit your organizational culture and needs. Employer support services include:

- Program orientation and promotion
- Unlimited management consultations and support
- Expert, responsive account management
- Monthly, meaningful communication materials
- Comprehensive reporting and dashboards

CUTTING EDGE REPORTING AND ANALYTICS

Our comprehensive reporting package leverages our substantial investment in data warehousing technology as well as our migration to a single information technology platform to provide meaningful, real-time reporting to our clients.

ADDITIONAL SERVICES TO ENHANCE THE EAP

We offer a number of additional services to expand the reach and coverage provided by the EAP:

- Global EAP
- My Secure Advantage Financial Coaching
- Mobile Applications
- Online Intervention Programs
- Fitness for Duty Assessments
- Substance Abuse Professional Services
- Threat of Violence Consultation
- LifeSpeak On-Demand Training
- Career Assistance
- Series of five online cognitive behavioral therapy self-help modules to help participants address health and wellness concerns

A LEGACY OF RESULTS

With over 30 years of experience, Beacon is the national leader in providing EAP services across every type of employer organization. Our EAP services have addressed and improved workplace concerns, such as lost productivity, absenteeism, and presenteeism.



*Based on adult commercial members referred to outpatient behavioral health or EAP self-reporting their status at intake versus follow-up.

We are experts in designing and implementing customized programs that combine proven best practices and innovative EAP service delivery. These efforts improve not only employee health and wellness; but also the fiscal health of your organization. Our EAP supports businesses and employees in key areas to:

- Increase employee productivity, job satisfaction and morale
- Reduce employee stress, absenteeism, costly turnover and health care
 expenses
- · Promote healthy living skills for employees and their families
- Attract and retain a skilled workforce







BEACON HEALTH OPTIONS' CUSTOMERS:

- Regional and local health plans
- 43 Fortune 500 companies
- Large and medium-sized employers
- Taft-Hartley Plans and trade unions
- Non-Profit Organizations
- Colleges and Universities
- Federal, State and Local Governments