

## Integrated Family Care and Support (IFCS)

IFCS is a strength-based program designed to keep families together and safely at home. Its goals are to help families:

- Meet their own needs
- Increase their access to care
- Connect to traditional and non-traditional supports in their community

Families are referred to IFCS from the Department of Children & Families (DCF). This occurs after an investigation has determined the children are safe, and the family agrees to services.

Families that participate in IFCS benefit from the philosophy and values of the Wraparound Practice model. This places them at the center of their care plan. Through IFCS, families will receive support to:

- Develop a strength-based plan for each member of their family
- Work with IFCS staff at home or in the community, where individuals and families are most comfortable
- Meet the needs of both child and family, without DCF involvement
- Connect to quality behavioral health services and other resources within the community as needed
- More effectively self-advocate and access the support and services they need

### Eligible Families

To be eligible for IFCS, families must:

- Be referred by DCF following a determination that children are safe and are interested in ongoing support
- Have service needs that would benefit from care coordination
- Be willing to actively participate in the program



### How Does IFCS Work?

Once DCF makes a referral to IFCS, a transition meeting involving DCF, IFCS staff, and the family will be scheduled within five business days. Following the meeting, the family's DCF involvement will end, and its work with IFCS will begin. During weekly meetings, IFCS staff will help the family to identify their strengths and needs and support them to access community-based services. The IFCS program supports families for approximately six-nine months, based upon their needs, and in their preferred language.

### The Wraparound Approach to Care

Wraparound is a family-centered, strength-based approach focused on keeping families together and connected to their communities. It involves bringing together a team of family, friends, and providers identified by the family to develop a plan of care and ways to avoid crises.

### About Beacon Health Options

Beacon is the country's leading behavioral health management company. Serving 40 million people, we deliver tailored, holistic services to help people live their lives to their fullest potential.

**For information about Beacon's Integrated Family Care and Support (IFCS) Program, call 877-381-4193 or email: [CTIFCSGENERAL@BeaconHealthOptions.com](mailto:CTIFCSGENERAL@BeaconHealthOptions.com)**