

# COVID-19 UPDATE:

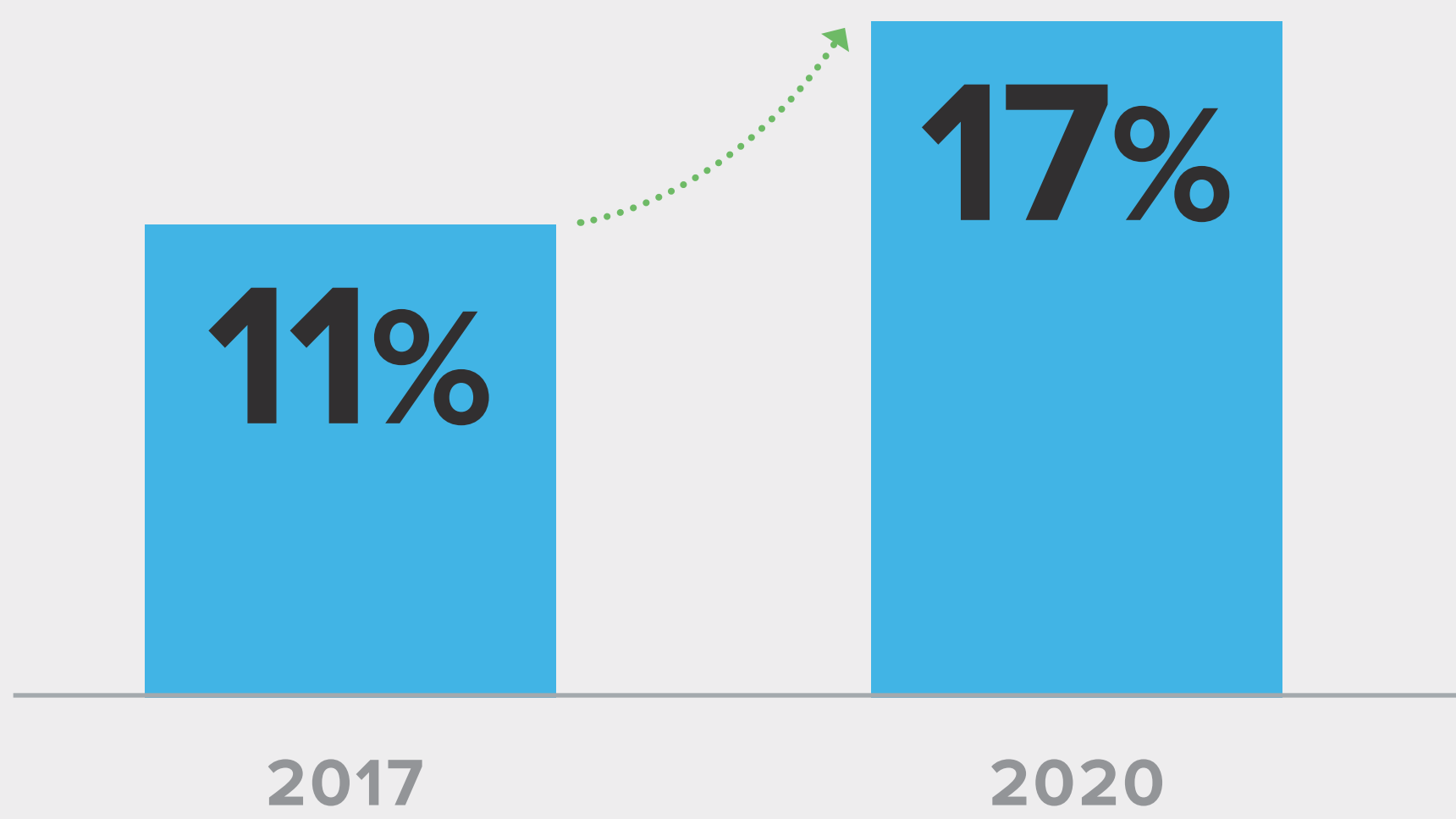
# BURNOUT IN CHILDREN

More than half of young people report always or often feeling anxious – the highest level ever recorded.



From increasing rates of mental health problems to concerns about rising levels of abuse and neglect and the potential harm being done to the development of babies, the pandemic is threatening to have a devastating legacy on the nation’s young.

% of children aged five to 16 with a probable mental health disorder<sup>1</sup>



## The emotional well-being of parents and children are closely linked

**68%** of caregivers of young children

**78%** of caregivers

report a **significant increase in stress** from before the pandemic.<sup>2</sup>

reported their child was exhibiting **increased behavior problems**.<sup>2</sup>

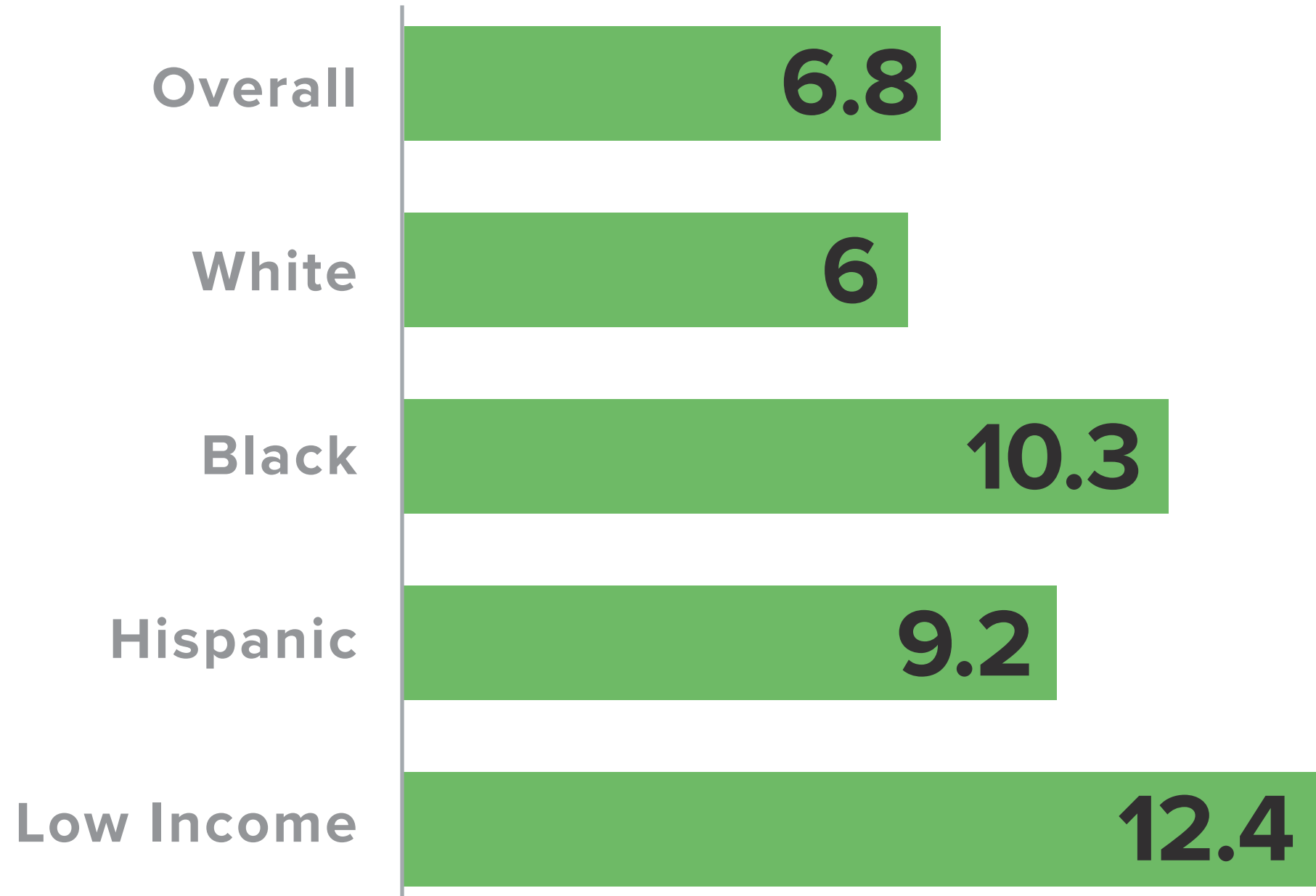
## The impact of COVID-19 on children – particularly those from underserved communities – could last a lifetime

**166,800**

Fewer people working in childcare in December 2020 than had been in those jobs in December 2019.<sup>3</sup>

**Average months of learning loss compared to typical in-classroom learning<sup>5</sup>**

(assumes a return to in-class schooling January 2021)



**15-20%**

Additional increase in existing achievement gap among low-income, Black and Hispanic students due to pandemic learning loss.<sup>5</sup>

**SOURCES:**

1 <https://www.bbc.com/news/health-55863841>  
2 <https://www.usatoday.com/story/news/health/2020/08/19/covid-pandemic-taking-toll-families-young-children/5585373002/>  
3 <https://www.usatoday.com/story/news/education/2021/02/16/day-care-preschool-permanently-closed-covid/6734968002/>  
4 <https://www.statnews.com/2021/02/22/a-doozy-of-a-year-experts-worry-screen-time-during-covid-19-could-increase-vision-problems-in-kids/>  
5 <https://www.mckinsey.com/industries/public-and-social-sector/our-insights/covid-19-and-student-learning-in-the-united-states-the-hurt-could-last-a-lifetime>