

Below are links to external resources for additional information on COVID-19.

Global Resources

- WHO: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>
- Johns Hopkins (CSSE):
<https://gisanddata.maps.arcgis.com/apps/opsdashboard/index.html#/bda7594740fd40299423467b48e9ecf6>

National Resources

- CDC: www.cdc.gov/coronavirus/2019-ncov/index.html
- SAMHSA: www.samhsa.gov/coronavirus
- 211: 211.org
- LitCOVID: www.ncbi.nlm.nih.gov/research/coronavirus/

State Specific Resources

Links to state specific departments of health

- www.usnews.com/news/best-states/articles/state-coronavirus-resources

For Providers

- University of Washington: www.covid-19.uwmedicine.org/Pages/default.aspx
- American Psychiatry Association (APA): www.psychiatry.org/psychiatrists/covid-19-coronavirus

Mental Health and Support Resources

- [NAMI](#): Raises awareness and provides support and education to those affected by mental illness
- [Support Groups Central](#): Group video meetings led by trained facilitators
- [Support Groups](#): A social support network with more than 220 condition-specific groups
- [Mental Health America](#): Specialized support group resources and tips for finding the right group for you
- [For Like Minds](#): Connect with others who are living with or supporting someone who lives with mental illness, substance use, or a stressful life event

For Caregivers of Children

- childmind.org: Talking to Kids About the Coronavirus (Tips from the Child Mind Institute on talking to kids about coronavirus in a reassuring way)
- nesca-newton.com: Making the Most of COVID-19 School Closures (Tips on creating normalcy and routine for students at home due to school closures)
- Kahnacademy.org: A free resource for parents/kids for ongoing education

Hotlines

- The Disaster Distress Helpline: 1-800-985-5990
- National Suicide Prevention Lifeline: 1-800-273-8255
- [National Domestic Violence Hotline Chat](#)
- National Alliance on Mental Illness ([NAMI](#)) helpline: 800-950-6264
- [Suicide Prevention Lifeline](#): 1-800-273-8255
- Disaster Distress helpline: 1-800-985-5990 or text TalkWithUs: 66745.
- Crisis Text 24/7 support: Text HELLO to 741741
- Substance Abuse and Mental Health Services Administration ([SAMSA](#))