



Thank you for joining!

We will begin our webinar shortly.

Before we begin please check that the sound levels on your computer or phone are turned up to hear clearly.

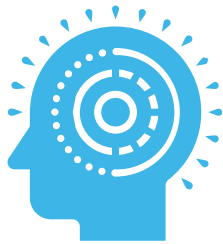
September 9th, 2020





Caring through COVID-19

Emerging Promising Practices for MAT using Telehealth



Anxiety



Depression

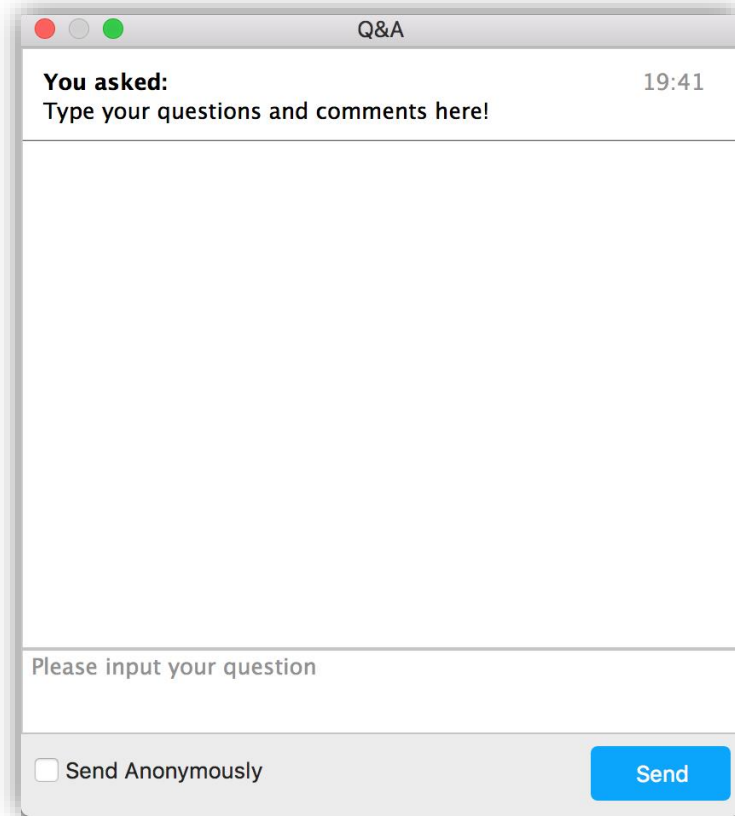


Job loss



Working
remotely

Housekeeping Items



A screenshot of a Q&A window interface. The window title is "Q&A". At the top left, it says "You asked:" and "Type your questions and comments here!". At the top right, it shows the time "19:41". The main area is a large empty text box. At the bottom left, it says "Please input your question". At the bottom right, there is a "Send" button. At the bottom left, there is a checkbox labeled "Send Anonymously".

1. Today's webinar is 1 hour including Q&A.
2. All participants will be muted during the webinar.
3. Polls will be used during the presentation. Please answer to be part of the discussion.
4. Please use the Q&A function. We will monitor questions throughout and answer as many as possible at the end.
5. This webinar is being recorded and will be posted within 24 hours at www.beaconhealthoptions.com/coronavirus/ so you have continued access to the information and resources.

PLEASE NOTE: This presentation provides some general information that is subject to change and updates. It should not be construed as including all information pertinent to your particular situation or as providing legal advice. We encourage you to consult with your legal counsel regarding the topics raised in this presentation.

Today's speaker



Lisa Samuel, LMHC
Provider Quality Manager



Tildabeth Doscher MD, MPH



What we will discuss today...

What is Medication Assisted Treatment (MAT)?



Medication Assisted Treatment *and* COVID-19



Pros and cons of Medication Assisted Treatment and telehealth



Patient care on the frontlines via telehealth



Experiences from the field

Chapter

01

“We help people live their lives to the fullest potential.”

Our Commitment



Medication Assisted Treatment, Utilization of Telehealth and COVID-19

What is Medication Assisted Treatment?



MAT includes Buprenorphine, Methadone and Naltrexone.

Why are we discussing this topic in relation to COVID-19?

MAT is evidenced based treatment¹

- Access to Medication Assisted Treatment (MAT) and adherence to MAT as an evidence-based best practice are key components to recovery.

COVID-19 has impacted how we deliver MAT

- The way we deliver care has changed as a result of the COVID-19 pandemic and this includes the way MAT is prescribed.

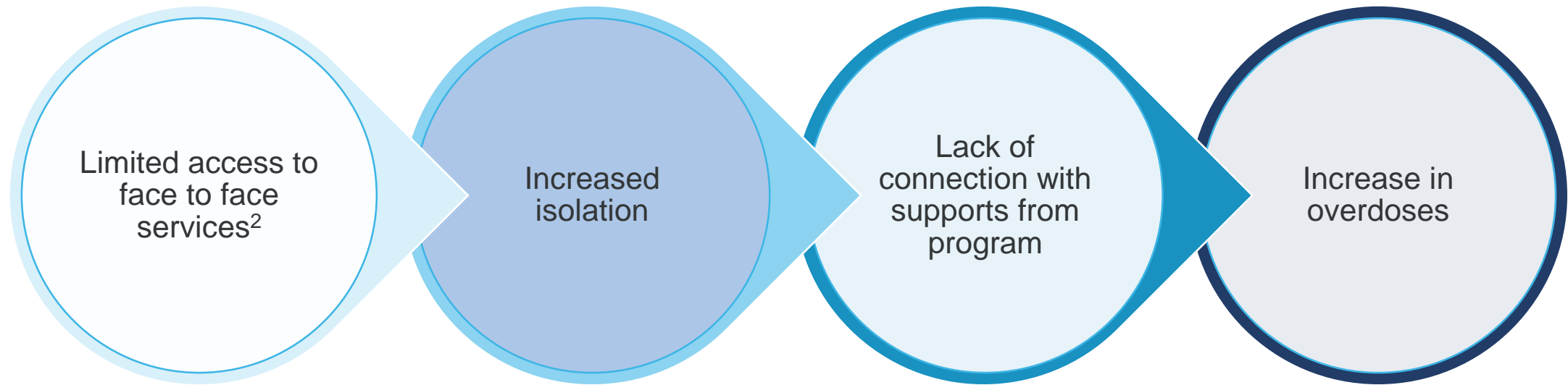
MAT can be successful via telehealth

- The use of telehealth and/or telephonic services to provide evaluation and treatment of patients can be used for initial evaluations, including consideration of the use of MAT to treat opioid and alcohol use disorder.

MAT increases adherence to treatment

- MAT reduces overdoses, increases adherence/retention in treatment and is effective as part of a holistic treatment program.

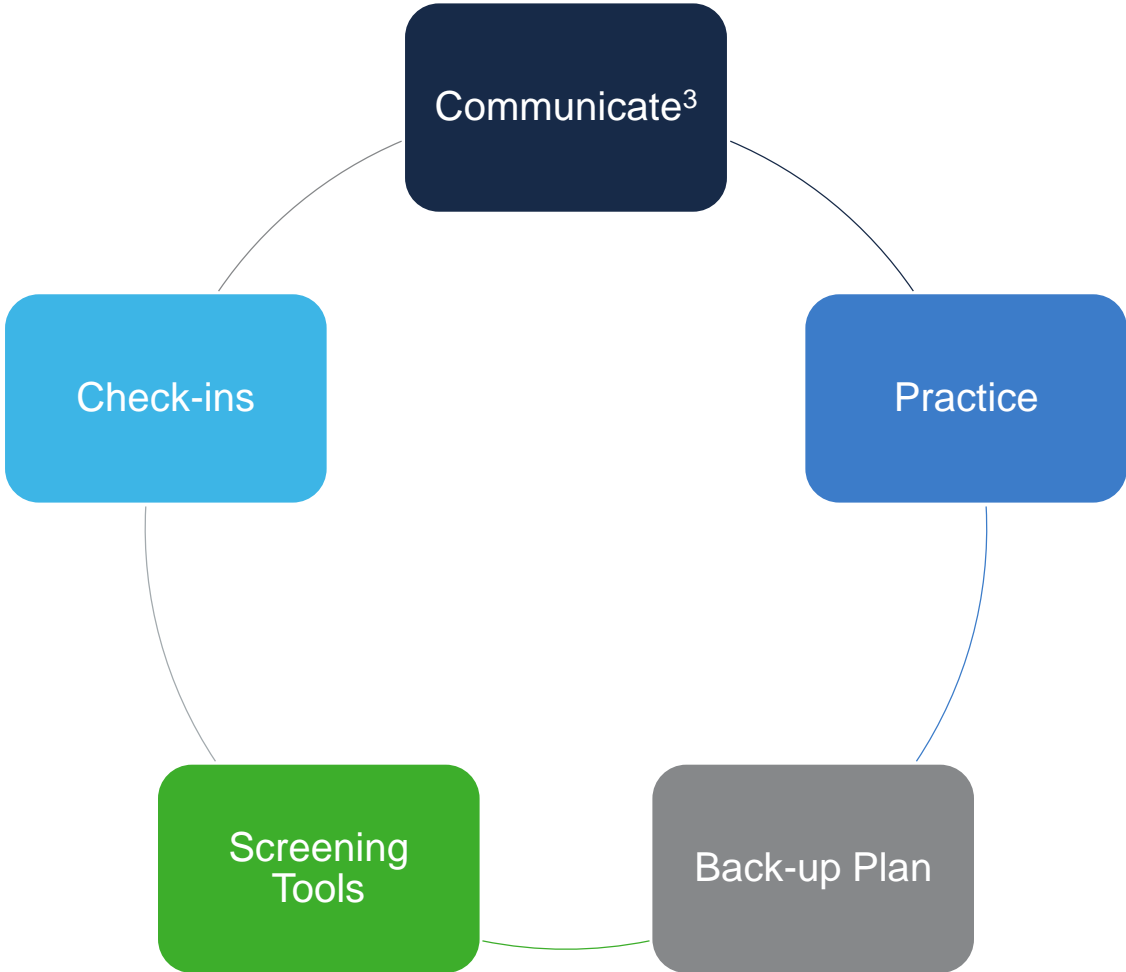
COVID-19's impact on the opiate use disorder population



General considerations for implementing telehealth

What is telehealth?

“The use of electronic information and telecommunications technologies to support and promote long-distance clinical health care, patient and professional health-related education, public health and health administration...”³



Chapter

02

“We help people live their lives to the fullest potential.”

Our Commitment

Overview of SAMHSA Guidance and Best Practices

OUD regulatory changes during COVID-19



The Drug Enforcement Administration (DEA) has provided flexibility in prescribing and dispensing of certain controlled substances.⁴



The DEA partnered with SAMHSA to ensure practitioners may admit and treat new patients with opioid use disorder (OUD) during COVID-19.

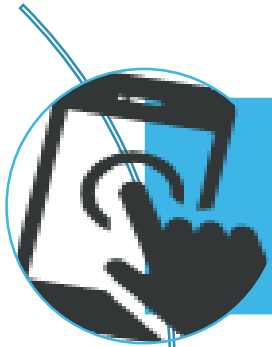


The DEA announced practitioners may prescribe controlled substances to patients using telemedicine without first conducting an in-person evaluation for select MAT meds.



The DEA notes that practitioners can prescribe buprenorphine to new and existing patients with OUD via telehealth.

Applying for a waiver...



If you already have a DATA 2000 waiver and are willing to increase your patient limit, a provider can complete the SAMHSA's Online Request for a New Waiver or Patient Limit Increase.⁵



Federal regulations grant practitioners who are not otherwise eligible the ability to request a temporary increase up to 275 patients.⁶

Chapter

03

“We help people live their lives to the fullest potential.”

Our Commitment

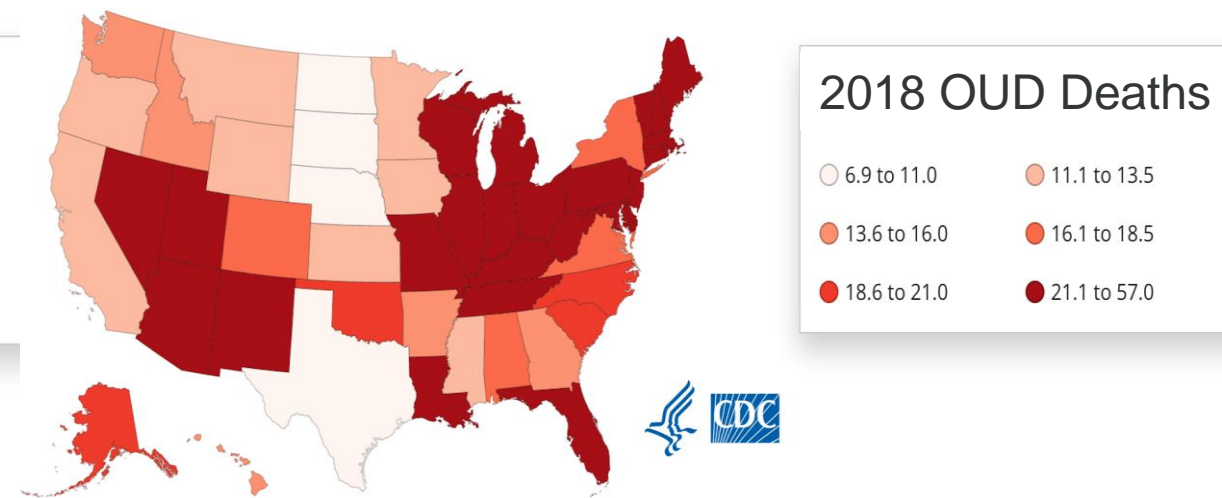
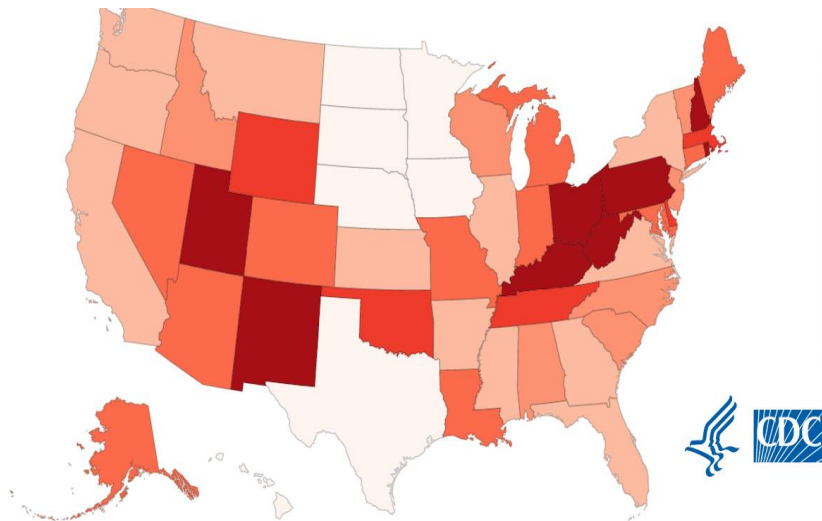
Opioid Use Disorder: Patient Care on the Frontlines via Telehealth

Scope of the problem & opioid deaths

23 Million Americans meet criteria for a substance use disorder (SUD)

2.1 Million Americans have OUD

10% receive treatment



Centers for Disease Control and Prevention, National Center for Injury Prevention and Control. (2020, March 19). *Overdose Death Maps | Drug Overdose | CDC Injury Center*. [Www.Cdc.Gov. https://www.cdc.gov/drugoverdose/data/prescribing/overdose-death-maps.html](https://www.cdc.gov/drugoverdose/data/prescribing/overdose-death-maps.html)

A silver lining presented by COVID-19



Telehealth allowed by SAMHSA & DEA

Reframing UDS testing

Potentially less exposure to buying illicit drugs

Increased ability for collaboration

Increased access

Case examples and innovative service models

Client turned away from emergency room after overdose, quick access to treatment via telemedicine

Client overprescribed pain meds after surgery, then cut off by prescribing physician, unable to find help when turning to PCP






Client with recurrence of Benzodiazepine use, stated it was easier to admit to use on telemedicine visit

Bright Heart Health -24/7 access via telehealth

Project SHOUT (Support for Hospital Opioid Use Treatment) through the California Health Care Foundation

True North (Canada) – Same day assessment and treatment. Clinics located in the pharmacy with instant access to a prescriber and medications.

Ideas for the future

-  Technology for patients/Free access to internet
-  Provider and payer collaboration
-  Need group connectedness
-  Urgent care/ED's to offer telemedicine for SUD treatment
-  Increase training to providers on SUD via telehealth

Resources & references



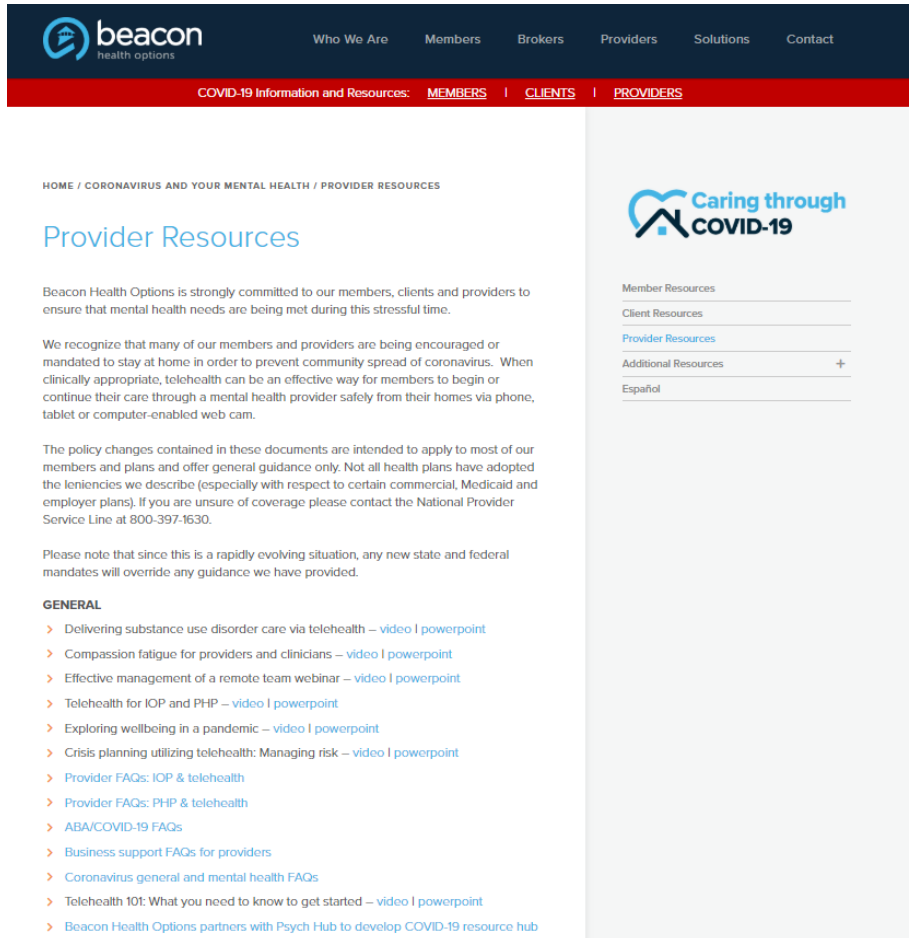
References

1. *Provider FAQ's MAT and Telehealth RR v5*. (2020). Word Document, Boston, MA.
2. COVID-19: Potential Implications for Individuals with Substance Use Disorders | National Institute on Drug Abuse. (2020). Retrieved 28 August 2020, from <https://www.drugabuse.gov/about-nida/noras-blog/2020/04/covid-19-potential-implications-individuals-substance-use-disorders>
3. (2020). Retrieved 28 August 2020, from https://www.asam.org/docs/default-source/covid-19/telehealth-guidance.pdf?sfvrsn=9c6e53c2_4
4. US Department of Justice Drug Administration. (2020). *www.dea.gov* (p. 2). Springfield, Virginia: Drug Administration Enforcement.
5. SAMHSA DATA Waiver. (2020). Retrieved 28 August 2020, from <https://buprenorphine.samhsa.gov/forms/select-practitioner-type.php>
6. 42 CFR § 8.655 - Can a practitioner request to temporarily treat up to 275 patients in emergency situations?. (2020). Retrieved 28 August 2020, from <https://www.law.cornell.edu/cfr/text/42/8.655>
7. Centers for Disease Control and Prevention, National Center for Injury Prevention and Control. (2020, March 19). *Overdose Death Maps | Drug Overdose | CDC Injury Center*. *Www.Cdc.Gov*. <https://www.cdc.gov/drugoverdose/data/prescribing/overdose-death-maps.html>
8. Centers for Disease Control and Prevention. (2018, March 6). *Identifying increases in opioid overdoses*. <https://www.cdc.gov/vitalsigns/opioid-overdoses/infographic.html>

Resources

1. US Department of Justice Drug Administration. (2020). *www.dea.gov* (p. 2). Springfield, Virginia: Drug Administration Enforcement.
2. *Provider FAQ's MAT and Telehealth RR v5*. (2020). Word Document, Boston, MA.
3. 42 CFR § 8.655 - Can a practitioner request to temporarily treat up to 275 patients in emergency situations?. (2020). Retrieved 28 August 2020, from <https://www.law.cornell.edu/cfr/text/42/8.655>
4. Centers for Disease Control and Prevention, National Center for Injury Prevention and Control. (2020, March 19). *Overdose Death Maps | Drug Overdose | CDC Injury Center*. *Www.Cdc.Gov*. <https://www.cdc.gov/drugoverdose/data/prescribing/overdose-death-maps.html>
5. Centers for Disease Control and Prevention. (2018, March 6). *Identifying increases in opioid overdoses*. <https://www.cdc.gov/vitalsigns/opioid-overdoses/infographic.html>
6. Bright Heart Health <https://www.brighthousehealth.com/>
7. True North <https://www.truenorthmedical.com/>
8. Project SHOUT <https://www.chcf.org/collection/webinar-series-support-hospital-opioid-use-treatment-project-shout/>

Refer to Beacon's COVID-19 webpage for the most up-to-date information



The screenshot shows the Beacon Health Options website. The top navigation bar includes 'Who We Are', 'Members', 'Brokers', 'Providers', 'Solutions', and 'Contact'. A red banner below the navigation bar reads 'COVID-19 Information and Resources: MEMBERS | CLIENTS | PROVIDERS'. The main content area is titled 'Provider Resources' and includes several paragraphs of text and a list of links under the heading 'GENERAL'. The list includes links to various resources such as 'Delivering substance use disorder care via telehealth', 'Compassion fatigue for providers and clinicians', and 'Effective management of a remote team webinar'. On the right side of the page, there is a sidebar with the 'Caring through COVID-19' logo and a menu with options for 'Member Resources', 'Client Resources', 'Provider Resources', 'Additional Resources', and 'Español'.

HOME / CORONAVIRUS AND YOUR MENTAL HEALTH / PROVIDER RESOURCES

Provider Resources

Beacon Health Options is strongly committed to our members, clients and providers to ensure that mental health needs are being met during this stressful time.

We recognize that many of our members and providers are being encouraged or mandated to stay at home in order to prevent community spread of coronavirus. When clinically appropriate, telehealth can be an effective way for members to begin or continue their care through a mental health provider safely from their homes via phone, tablet or computer-enabled web cam.

The policy changes contained in these documents are intended to apply to most of our members and plans and offer general guidance only. Not all health plans have adopted the leniencies we describe (especially with respect to certain commercial, Medicaid and employer plans). If you are unsure of coverage please contact the National Provider Service Line at 800-397-1630.

Please note that since this is a rapidly evolving situation, any new state and federal mandates will override any guidance we have provided.

GENERAL

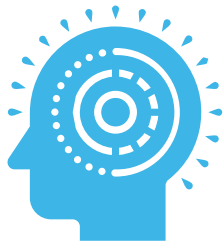
- > [Delivering substance use disorder care via telehealth – video | powerpoint](#)
- > [Compassion fatigue for providers and clinicians – video | powerpoint](#)
- > [Effective management of a remote team webinar – video | powerpoint](#)
- > [Telehealth for IOP and PHP – video | powerpoint](#)
- > [Exploring wellbeing in a pandemic – video | powerpoint](#)
- > [Crisis planning utilizing telehealth: Managing risk – video | powerpoint](#)
- > [Provider FAQs: IOP & telehealth](#)
- > [Provider FAQs: PHP & telehealth](#)
- > [ABA/COVID-19 FAQs](#)
- > [Business support FAQs for providers](#)
- > [Coronavirus general and mental health FAQs](#)
- > [Telehealth 101: What you need to know to get started – video | powerpoint](#)
- > [Beacon Health Options partners with Psych Hub to develop COVID-19 resource hub](#)

[Beacon COVID-19 provider resources & webinars LINK](#)



Caring through COVID-19

Questions?



Anxiety



Depression



Job loss



**Working
remotely**

Thank You



This presentation will be posted at
www.beaconhealthoptions.com/coronavirus/

CONTACT US:

Beacon's National Provider Services Line

800-397-1630 (Monday-Friday, 8 a.m.-8 p.m. ET) or contact your Provider Relations contact

