

There are two best-practices being evaluated:

- *Initiation Phase:* Members receiving a follow up visit within 30 days of receiving their medication
- *Continuation & Maintenance Phase:* members who continue taking ADHD medication during the nine months after the initiation phase require two additional follow up visits within those nine months.

WHY IS THE ADD MEASURE IMPORTANT?

ADHD is the most common mental health disorder affecting children, five to seven percent worldwide. ¹ Both medication and/or behavioral therapy are recommended ADHD treatments, however²:

- 43% are treated with medication alone
- 13% are treated with behavioral therapy alone
- 31% are treated with combination therapy (medication and behavioral therapy); and
- 6.5% of children with ADHD are receiving neither medication treatment nor behavioral therapy

WHO IS INCLUDED IN THE MEASURE?

All members aged 6 – 12 that are dispensed an ADHD medication so long as they have not received one in the 120 days prior

Applies to Commercial and Medicaid LOB only.

Only encounters from the intake period of March 1, 2019 through Feb 29, 2020 are included in the 2020 measurement year

WHEN DOES A MEMBER 'PASS' THE MEASURE?

- *Initiation:* When they have had an OP visit with a practitioner who has prescribing authority within 30 days of the prescription being dispensed
- *Continuation & Maintenance:* When they are compliant in the initiation phase AND have had at least 2 follow-up visits on different dates with any practitioner from days 31 – 300 from the prescription being dispensed

WHICH MEMBERS ARE EXCLUDED?

Members with acute inpatient encounters for mental, behavioral or neurodevelopmental disorders within 30 days after the medication dispense date are excluded

Additionally, members with narcolepsy are excluded

Members on hospice are excluded as well.

WHAT CAN PROVIDERS DO TO IMPROVE ADD RATES?

Monitor dosage of meds after 30 days to make adjustments if needed

Remind patients of their follow up appointments

Explain to parents the medication options and side effects to come to a joint agreement on a treatment plan

Discuss behavioral therapy, psychotherapy, family therapy, support groups, social skills training and/or parenting skills training in addition to medication therapy.

Promote continuity of care between primary care physicians, multiple providers and schools to ensure quality healthcare

Telehealth – may be used for one visit in the maintenance phase to ensure compliance

Which CPT Codes Should be Present to be Compliant with the Measure?

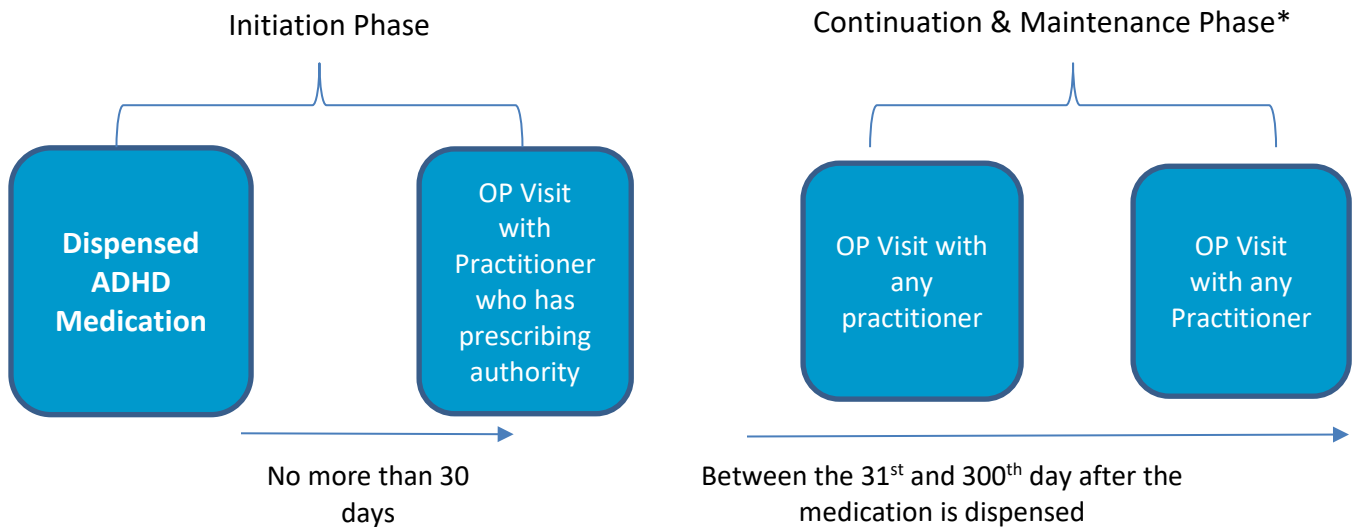
Initiation: 96150-96154, 98960-98962, 99078, 99201-99205, 99211-99215, 99217-99219, 99241-99245, 99341-99345, 99347, 99348-99350, 99381-33387, 99391-99397, 99401-99404, 99411-99412, 99483, 99510

Continuation & Maintenance: Any of the above codes; additionally, one visit may be a telephone visit – represented by a telehealth modifier – or telephone visit CPT: 98966 – 68, 99441 - 99443

WHAT IS HEDIS® ?

HEDIS (Healthcare Effectiveness Data Information Set) is a widely used set of performance measures in the managed care industry, developed and maintained by NCQA. HEDIS measures results and drives improvement efforts surrounding best practices

ADD Measure At-a-Glance:



*Must be compliant with initiation phase in order to be compliant in Continuation Phase

HEDIS is a registered trademark of the National Committee for Quality Assurance (NCQA).

¹ Matthews M, Nigg JT, Fair DA. Attention deficit hyperactivity disorder. *Curr Top Behav Neurosci*. 2014;16:235–66. doi: 10.1007/7854_2013_249. Accessed 6/30/16.

² CDC. Key Findings: Treatment of Attention-Deficit/Hyperactivity Disorder (ADHD) among Children with Special Health Care Needs. April 2016. <http://www.cdc.gov/ncbddd/adhd/features/adhd-keyfindings-treatment-special-needs-children.html>. Accessed m8/5/2 /2016.

