

There are two measures that assess medication adherence at different points in treatment:

- *Acute Phase:* Members who remained on their antidepressant for at least 84 days (12 weeks)
- *Continuation Phase:* Members who remained on their antidepressant for at least 180 days (6 months)

WHY IS THE AMM MEASURE IMPORTANT?

According to NCQA's "State of Health Care Quality 2013" report, approximately 50% of psychiatric patient and primary care patients prematurely discontinue antidepressant therapy (when assessed at six months after the initiation of treatment):

- Less than half of those impacted by depression receive treatment even though effective treatments are available
- Appropriate dosing and continuation of medication therapy in both the short term and the long term treatment of depression decrease the recurrence of depressive symptoms
- Increasing client compliance with prescribed medications, monitoring treatment effectiveness, and identifying and managing side effects are all best practices when managing care for clients with depression.

WHO IS INCLUDED IN THE MEASURE?

Members diagnosed with major depression in an inpatient, outpatient or partial hospitalization setting

Applies to members aged 18+; Commercial, Medicare or Medicaid LOB are included.

Only encounters from the intake period of May 1 2019 – April 30, 2020 are included in the 2020 measurement year

WHEN DOES A MEMBER 'PASS' THE MEASURE?

- *Acute Phase:* When they have remained on their antidepressant medication for at least 84 days (12 weeks)
- *Continuation Phase:* When they have remained on their antidepressant medication for at least 180 days (6 months)

WHICH MEMBERS ARE EXCLUDED?

Members on hospice are excluded

WHAT CAN PROVIDERS DO TO IMPROVE AMM RATES?

Schedule a follow-up appointment no later than four weeks after starting a new prescription

Remind patients about their appointments

Assist clients in setting up a follow-up appointment with a prescriber when patients are transitioning to another level of care

Targeted outreach for clients at risk of noncompliance via phone calls, medication prompts or case management

Educate staff about the importance of adherence to prescription medications, side effects and benefits of antidepressant medication

Involve the client and family in a collaborative discussion of treatment options and promote client participation in decision-making

Connect the client to health coaching programs, peer support and case management

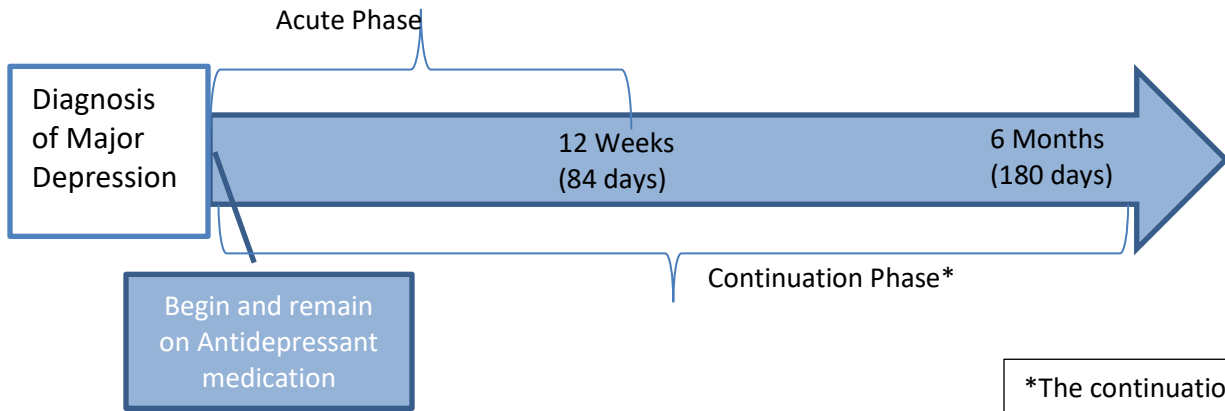
Communicate with other providers to ensure a whole health approach

What are some Codes that Include Members in this Measure?

The following ICD-10 codes for major depression include members in the denominator (when paired with either an acute or



F32.0, F32.1, F32.2, F32.3, F32.3, F32.4, F32.9, F33.0, F33.1, F33.2, F33.2, F33.3, F33.4



*The continuation phase is not measured until the acute phase is complete/compliant

WHAT IS HEDIS® ?

HEDIS (Healthcare Effectiveness Data Information Set) is a widely used set of performance measures in the managed care industry, developed and maintained by NCQA. HEDIS measures results and drives improvement efforts surrounding best practices

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