

WHAT IS THE APP MEASURE LOOKING AT?

The percentage of children and adolescents age 1 – 17 with a new prescription for an antipsychotic medication that had documentation of psychosocial care as their first-line treatment

WHY IS THE APP MEASURE IMPORTANT?

Antipsychotic medications may be effective treatment for a narrowly defined set of psychiatric disorders in children and adolescents. However, they are often prescribed for nonpsychotic conditions for which psychosocial interventions are considered first line Treatment.¹ Safer first-line psychosocial interventions may be underutilized. Children and adolescents may unnecessarily incur the risks associated with antipsychotic medications.

WHO IS INCLUDED IN THE MEASURE?

Members dispensed their first antipsychotic medication

Applies to members age 1 – 17; Commercial and Medicaid LOB are included

WHEN DOES A MEMBER 'PASS' THE MEASURE?

When there is documentation of psychosocial care in the 121-day period from 90 days prior through 30 days after the medication is dispensed

WHICH MEMBERS ARE EXCLUDED?

Members with at least one inpatient encounter or 2 outpatient encounters with a diagnosis of schizophrenia, schizoaffective disorder, bipolar, other psychotic disorder, autism or other developmental disorder

Members on hospice are also excluded

WHAT CAN PROVIDERS DO TO IMPROVE APP RATES?

- When prescribed, antipsychotic medications should be part of a comprehensive, multi-modal plan for coordinated treatment that includes psychosocial care
- Psychosocial care, which includes behavioral interventions, psychological therapies and skills training, among others, is the recommended first-line treatment option for children and adolescents diagnosed with nonpsychotic conditions such as attention-deficit disorder and disruptive behaviors
- Periodically review the ongoing need for continued therapy with antipsychotic medications
- Assess the need for Case Management and refer if necessary
- Ensure progress notes are complete and accurate

WHAT IS HEDIS® ?

HEDIS (Healthcare Effectiveness Data Information Set) is a widely used set of performance measures in the managed care industry, developed and maintained by NCQA. HEDIS measures results and drives improvement efforts surrounding best practices