

## WHAT IS THE POD MEASURE LOOKING AT?

The percentage of new opioid use disorder (OUD) pharmacotherapy events for members with a diagnosis of OUD, age 16+, that have OUD pharmacotherapy for 180 days or more

## WHY IS THE POD MEASURE IMPORTANT?

Evidence suggests that pharmacotherapy can improve outcomes for individuals with OUD and that continuity of pharmacotherapy is critical to prevent relapse and overdose. Despite the evidence, pharmacotherapy is an underutilized treatment option for individuals with OUD and the NCQA seeks to address this gap by measuring episodes of pharmacotherapy and assessing adherence to treatment.

## WHO IS INCLUDED IN THE MEASURE?

Members with a new diagnosis of OUD that have an OUD dispensing or medication administration event

*Applies to members age 16+; commercial, Medicaid and Medicare LOB are included*

*Only encounters from the intake period of July 1 2019 – June 30, 2020 are included in the 2020 measurement period.*

## WHEN DOES A MEMBER 'PASS' THE MEASURE?

When OUD pharmacotherapy is received for 180 days or more without a gap in treatment of more than 8 days

## WHICH MEMBERS ARE EXCLUDED?

Members that have an acute or non-acute inpatient stay of 8 days or more are excluded and members in hospice are also excluded

## WHAT CAN PROVIDERS DO TO IMPROVE POD RATES?

- Consider MAT for opioid abuse or dependence
- Patients with OUD should be informed of the risks and benefits of pharmacotherapy, treatment without medication, and no treatment
- Helping the patient manage stressors and identify triggers for a return to illicit opioid use
- Provide empathic listening and nonjudgmental discussion of triggers that precede use or increased craving and how to manage them
- Provide ongoing assessment to mark progress. Revise treatment goals via shared decision making to incorporate new insights
- Engage and educate family members and friends who are reluctant to accept medication's role in treatment
- Submit claims and encounter data in a timely manner

## What are the Codes Used to Identify Included Members?

The following are some of the ICD-10's for opioid use disorder requiring pharmacotherapy:

F11.10, F11.120, F11.121, F11.129, F11.14, F11.150, F11.19, F11.20, F11.220, F11.23, F11.24, F11.288, F11.29

## WHAT IS HEDIS® ?

HEDIS (Healthcare Effectiveness Data Information Set) is a widely used set of performance measures in the managed care industry, developed and maintained by NCQA. HEDIS measures results and drives improvement efforts surrounding best practices

HEDIS is a registered trademark of the National Committee for Quality Assurance (NCQA).