

### WHAT IS THE SMC MEASURE LOOKING AT?

The percentage of members age 18 – 64 with schizophrenia or schizoaffective disorder AND cardiovascular disease, who had an LDL-C test

### WHY IS THE SMC MEASURE IMPORTANT?

Persons with serious mental illness who use antipsychotics are at increased risk of cardiovascular diseases and diabetes; because of this, screening and monitoring of these conditions is important. Lack of appropriate care for diabetes and cardiovascular disease for people with schizophrenia or bipolar disorder who use antipsychotic medications can lead to worsening health and death. Addressing these physical health needs is an important way to improve health, quality of life and economic outcomes downstream. <sup>1</sup>

### WHO IS INCLUDED IN THE MEASURE?

Members with either 1 acute inpatient encounter or two outpatient encounters with a diagnosis of either schizophrenia or schizoaffective disorder; AND have cardiovascular disease.

*Applies to members age 18 – 64; Medicaid is the only included product line*

### WHEN DOES A MEMBER 'PASS' THE MEASURE?

When they have a calculated or direct LDL

### WHICH MEMBERS ARE EXCLUDED?

Members on hospice are excluded

### WHAT CAN PROVIDERS DO TO IMPROVE SMC RATES?

- Order labs prior to patient appointments
- Ensure lipid levels, blood pressure and glucose are monitored at every appointment
- For patients that do not have regular contact with their PCP, coordinate medical management – including communication of lab results - with PCP
- Educate patient (and caregiver) about the risks associated with antipsychotic medications and cardiovascular disease and the importance of a healthy lifestyle.
- Assess the need for Case Management and refer if necessary

### Which Codes Include Members in this Measure?

Members with a combination of an Inpatient encounter or 2 outpatient visits with an ICD code for schizophrenia, such as one of the following:

F20.0 F20.1, F20.89, F25.0, F25.1, F25.8

Along with ALSO having a cardiovascular code such as:

- For having a PCI (CPT examples: 92920, 92924, 92928),
- CABG (ICD-10 examples: 021193, 0212083, 0213083, 021008C),
- or a diagnosis of IVD (ICD-10 examples: I20.0, I20.8, I20.9, I24.0, I24.8)

### WHAT IS HEDIS® ?

HEDIS (Healthcare Effectiveness Data Information Set) is a widely used set of performance measures in the managed care industry, developed and maintained by NCQA. HEDIS measures results and drives improvement efforts surrounding best practices

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<sup>1</sup> NCQA Measures and Technical Resources Website: <https://www.ncqa.org/hedis/measures/diabetes-and-cardiovascular-disease-screening-and-monitoring-for-people-with-schizophrenia-or-bipolar-disorder/>