

WHAT IS THE SMD MEASURE LOOKING AT?

The percentage of members age 19 – 64 with schizophrenia or schizoaffective disorder AND diabetes who had both an LDL-C and an HbA1c test.

WHY IS THE SMD MEASURE IMPORTANT?

Persons with serious mental illness who use antipsychotics are at increased risk of cardiovascular diseases and diabetes; because of this, screening and monitoring of these conditions is important. Lack of appropriate care for diabetes and cardiovascular disease for people with schizophrenia or bipolar disorder who use antipsychotic medications can lead to worsening health and death. Addressing these physical health needs is an important way to improve health, quality of life and economic outcomes downstream. ¹

WHO IS INCLUDED IN THE MEASURE?

Members with either 1 acute inpatient encounter or 2 outpatient encounters with a diagnosis of either schizophrenia or schizoaffective disorder; AND also have cardiovascular disease

Applies to members age 18 – 64; Medicaid is the only included product line

WHEN DOES A MEMBER 'PASS' THE MEASURE?

When they have both an AbA1c test and LDL-C test performed

WHICH MEMBERS ARE EXCLUDED?

Members with a diagnosis of gestational diabetes, or steroid-induced diabetes are excluded and members on hospice are also excluded

WHAT CAN PROVIDERS DO TO IMPROVE SMD RATES?

- Document all elements of the exam, including response to medication and test results
- For patients that do not have regular contact with their PCP, coordinate medical management – including communication of lab results - with PCP
- Adjust therapy to improve HbA1c, LDL, and BP levels; follow-up with patients to monitor changes
- Give any patient caregiver instructions on the course of treatment, labs or future appointments
- Consider additional monitoring of associated factors (e.g. BMI, plasma glucose level, lipid profile)

Which Codes are Including Members in this Measure?

Members with a combination of an Inpatient encounter or 2 outpatient visits with an ICD code for schizophrenia, such as one of the following:

F20.0 F20.1, F20.89, F25.0, F25.1, F25.8

along with ALSO having a diabetes ICD-10 code such as

E10.10, E10.11, E10.21, E11.341, E11.349

WHAT IS HEDIS® ?

HEDIS (Healthcare Effectiveness Data Information Set) is a widely used set of performance measures in the managed care industry, developed and maintained by NCQA. HEDIS measures results and drives improvement efforts surrounding best practices

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¹ NCQA Measures and Technical Resources Website: <https://www.ncqa.org/hedis/measures/diabetes-and-cardiovascular-disease-screening-and-monitoring-for-people-with-schizophrenia-or-bipolar-disorder/>