

### WHAT IS THE SSD MEASURE LOOKING AT?

The percentage of members age 18 – 64 with schizophrenia or schizoaffective disorder OR bipolar disorder who were dispensed an antipsychotic medication and had a diabetes screening test.

### WHY IS THE SSD MEASURE IMPORTANT?

Persons with serious mental illness who use antipsychotics are at increased risk of cardiovascular diseases and diabetes; because of this, screening and monitoring of these conditions is important. Lack of appropriate care for diabetes and cardiovascular disease for people with schizophrenia or bipolar disorder who use antipsychotic medications can lead to worsening health and death. Addressing these physical health needs is an important way to improve health, quality of life and economic outcomes downstream. <sup>1</sup>

### WHO IS INCLUDED IN THE MEASURE?

Members with either 1 acute inpatient encounter or 2 outpatient encounters with a diagnosis of either schizophrenia or schizoaffective disorder or bipolar disorder

*Applies to members age 18 – 64; Medicaid is the only included product line*

### WHEN DOES A MEMBER 'PASS' THE MEASURE?

When they have a glucose test or AbA1c test

### WHICH MEMBERS ARE EXCLUDED?

Members with diabetes are excluded and members on hospice are also excluded

### WHAT CAN PROVIDERS DO TO IMPROVE SSD RATES?

- Document all elements of exam, including medications, diagnosis and results of A1c
- Ensure patients schedule appropriate lab screenings
- Ensure patient (and/or caregiver) is aware of the risk of diabetes and have awareness of the symptoms of new onset diabetes while taking antipsychotic medication
- Educate patient (and caregiver) about the risks associated with antipsychotic medications and cardiovascular disease and the importance of a healthy lifestyle.
- Assess the need for Case Management and refer if necessary

### Which Codes are Including Members in this Measure?

Members with a combination of an Inpatient encounter or 2 outpatient visits with an ICD code for schizophrenia, such as one of the following: F20.0 F20.1, F20.89, F25.0, F25.1, F25.8

or an ICD-10 code for Bipolar such as: F30.10, F30.11, F30.3, F30.8, F31.0, F31.10, F31.2, F31.64, F31.71

along with ALSO receiving an antipsychotic medication

### WHAT IS HEDIS® ?

HEDIS (Healthcare Effectiveness Data Information Set) is a widely used set of performance measures in the managed care industry, developed and maintained by NCQA. HEDIS measures results and drives improvement efforts surrounding best practices

HEDIS is a registered trademark of the National Committee for Quality Assurance (NCQA).

<sup>1</sup> NCQA Measures and Technical Resources Website: <https://www.ncqa.org/hedis/measures/diabetes-and-cardiovascular-disease-screening-and-monitoring-for-people-with-schizophrenia-or-bipolar-disorder/>