

## WHAT IS THE UOP MEASURE LOOKING AT?

The measure assesses the opioid dispensing events of members 18 years and older during the measurement year, and calculates three rates associated with high risk of overdose/death:

- members who use multiple prescribing providers (four or greater)
- multiple pharmacies (four or greater)
- both multiple prescribing providers (four or greater) and multiple pharmacies (four or greater)

*\*a lower rate indicates better performance for all three rates*

## WHY IS THE UOP MEASURE IMPORTANT?

High dosage, multiple prescribers and pharmacies are all risk factors for dangerous overdose and death. These measures add health plans to the group of stakeholders currently addressing the opioid epidemic.

## WHO IS INCLUDED IN THE MEASURE?

Members with 2 or more opioid dispensing events (on different dates of service) and have at least 15 days covered by opioids

*Applies to members 18+; Commercial, Medicaid and Medicare LOB are all included*

## WHEN DOES A MEMBER 'PASS' THE MEASURE?

If they have 3 or less prescribers and 3 or less pharmacies that they receive their opioids from

## WHICH MEMBERS ARE EXCLUDED?

Members on hospice are excluded

Excluded medications include: Injectables, cough and cold products, products used as part of medication assisted treatment of opioid use disorder (buprenorphine), fentanyl patch and methadone

## WHAT CAN PROVIDERS DO TO IMPROVE UOP RATES?

- Have coordination of care conversations with other prescribers involved in care
- Discuss risks with member of using multiple prescribers
- Involve Care Management to ensure coordination of care
- Check State Prescription Drug Monitoring Program to check status of member prescribing habits
- Understand community resources and educate staff on what is available

## WHAT IS HEDIS® ?

HEDIS (Healthcare Effectiveness Data Information Set) is a widely used set of performance measures in the managed care industry, developed and maintained by NCQA. HEDIS measures results and drives improvement efforts surrounding best practices

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