



MNC: 6.103 Psychiatric Disability Determination Criteria for Dependents: - New York State Empire Plan specific

Disability is defined as the inability to engage in any substantial gainful activity by reason of medical or psychological impairment(s), lasting or expected to last for a continuous period of not less than 6 months.

A mental impairment must be established by objective medical/psychological evidence consisting of demonstrable and measurable signs, symptoms, laboratory and psychological test findings. Subjective reporting alone is not adequate as a source of measurement. Sources of medical/psychological evidence generally include examination by licensed physicians, licensed or certified psychologists, or other health care practitioners. In addition, information from other sources may also help show the extent to which a person's impairment(s) affect his or her ability to function or to perform activities of daily living. Other sources include public and private social welfare agencies and non- medical sources such as teachers, social workers and employers. Licensure and credentialing requirements specific to facilities and individual practitioners apply and are found in our provider manual/ credentialing information. While level of care determinations are considered in the context of an individual's treatment history; Beacon Health Options never requires the attempt of a less intensive treatment as a criterion to authorize any service.

Admission Criteria

All of the following criteria must be met:

- 1) Must be eligible for consideration as a dependent under the policy holder's benefit plan.
- 2) Symptomatology is consistent with an ICD-10 or the most current version of the DSM diagnosis, resulting in a documented mental impairment.
- 3) The impairment must have lasted or is expected to last at least six months.
 - a) The impairment must be severe enough to cause the inability to engage in any substantial gainful activity despite medical and therapeutic intervention. This is demonstrated by consistent disruptions in role functioning (e.g. school, work, parenting or household responsibility, self-care, basic living skills) where contribution is marginal, ineffective or consistently below usual expectations for cognitive/ developmental level.
OR
 - b) The impairment must cause serious to severe functional limitations.
"Serious to Severe functional limitations" are demonstrated by at least moderate functional deficits, requiring constant supervision, support and special programming in most areas: academics; peer relations; authority relations; free time/leisure; hygiene; self-help; intellectual; vocational.

Continued Stay Criteria

All of the following criteria must be met:

- 1) The individual continues to meet admission criteria as described above.
- 2) The individual is participating in a regular treatment protocol as recommended by the attending physician/primary clinician/treatment team
- 3) When medically necessary, appropriate psycho pharmacological intervention has been evaluated and prescribed when indicated. Regular psycho pharmacological reviews are performed.
- 4) Treatment includes an ongoing assessment of individual's ability to function utilizing measurable, documented indicators.

Exclusions:

Any of the following criteria are sufficient for exclusion from this level of care

- 1) Substance use, alone, which results in impaired functioning and is uncomplicated by serious co-morbid psychiatric condition(s) is excluded.
2. Non-participation in treatment which might reasonably be expected to improve or stabilize the dysfunction.
3. The condition is considered to be a medical disability.
- 4 Onset of disability is after the individuals' 26th birthday.