



## Military OneSource Program Participant Statement of Understanding

You have been referred by Military OneSource for an assessment and/or short-term, non-medical counseling services, which are provided at no cost to you, to address a specific non-medical issue within twelve (12) sessions.

Please be on time for your appointments and provide at least 24-hour notice if you are unable to keep an appointment.

### Confidentiality

Information you provide to the Military OneSource counselor will be kept confidential, except to meet legal obligations or to prevent harm to self or others. Legal obligations include requirements of law and Department of Defense or military regulations. Harm to self or others includes suicidal thoughts or intent, a desire to harm oneself, domestic abuse or violence, child abuse or neglect, violence against any person, including sexual assault involving service members, and any present or future illegal activity.

Military OneSource counselors are not authorized to receive a domestic abuse or sexual assault restricted report. If the person receiving counseling requests restricted reporting pursuant to domestic abuse or sexual assault, the Military OneSource counselor will transfer the person to a specified individual who is authorized to receive a restricted report in the respective military service branch, according to Department of Defense policy.

A written and electronic record (date, time, nature of meeting) of your contact with the Military OneSource counselor will be maintained in a secure manner. Access to your record will not be given to anyone outside of Military OneSource, except as previously stated. Record audits may be conducted by the Department of Defense for the purpose of program administration and quality assurance, and those audits will not include access to any of your Personally Identifiable Information (PII) or Protected Health Information (PHI). To access your file, contact Military OneSource.

### Counseling for Children

**Children under age 13 may not receive individual counseling through Military OneSource. However, these children can be included in family counseling.**

**Children age 13-17 must have signed parental/guardian consent to receive individual counseling, and the parent or guardian must accompany the child to the initial appointment for the purpose of establishing this consent and any related required permissions.**

There is no cost to you for counseling services through Military OneSource. However, if your issue of concern is beyond the scope of counseling provided through Military OneSource, the counselor will refer you to the appropriate healthcare resources, which could require use of your military health benefits (TRICARE) or health insurance. It would be your responsibility to verify that your health benefits/insurance will cover the costs of such treatment or resources.

I hereby acknowledge that I have read this statement of understanding and understand its contents:

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*Signature of Client*

*Date*

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*Signature of Parent or Guardian (if client is minor)*

*Date*

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*Signature of Counselor or Witness*

*Date*

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*Signature of Additional Participant*

*Date*

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*Signature of Additional Participant*

*Date*

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*Signature of Additional Participant*

*Date*