



NMNC 2.603.02 Medication Management (MM) (Adult)

Medication management is the level of outpatient treatment where the primary service rendered by a qualified prescriber is the evaluation of the member's need for psychotropic medications, the provision of a prescription, and ongoing medical monitoring. The prescribing provider coordinates treatment with other treatment providers and primary care/specialty providers, as appropriate. Licensure and credentialing requirements specific to facilities and individual practitioners are found in Beacon's provider manual/credentialing information.

Admission Criteria	Continued Stay Criteria	Discharge Criteria
<p>All of the following criteria must be met:</p> <ol style="list-style-type: none"> 1. All of the admission criteria for Outpatient Services (See NMNC 5.501.03 Outpatient Professional Services) 2. Members symptoms and behaviors demonstrate a need for a medication evaluation, prescription and monitoring of psychotropic medications to support optimal recovery 	<p>All of the following criteria must be met:</p> <ol style="list-style-type: none"> 1. All of the continuing stay criteria for Outpatient Services (See NMNC 5.501.03 Outpatient Professional Services). 2. Unless contraindicated, family, guardian, and/or custodian is actively involved in the treatment as required by the treatment plan, or there are documented active efforts being made to involve them 	<p>Any one of the following criteria must be met for discharge from this level of care:</p> <ol style="list-style-type: none"> 1. The individual no longer requires psychotropic medication; or 2. The member, family, guardian and/or custodian are competent but non-participatory in treatment. The non-participation is of such degree that treatment at this level of care is rendered ineffective or unsafe, despite multiple documented attempts to address non-participation issues; or 3. Consent for treatment is withdrawn by the individual and/or guardian or conservator
<p>Exclusion Criteria</p> <p>The following criterion is sufficient for exclusion from this level of care:</p> <ol style="list-style-type: none"> 1. There is another prescribing provider already certified and providing medication management services 		

Reference Sources

Beacon's Medical Necessity Criteria incorporate generally accepted standards of behavioral health practice documented in evidence- and consensus-based guidelines derived from:

- 1) Professional societies: American Psychiatric Association (APA); American Academy of Psychiatrists in Alcoholism and Addictions (AAPAA); American Academy of Child and Adolescent Psychiatry (AACAP)
- 2) National care guideline and criteria entities: American Society of Addiction Medicine (ASAM); MCG Care Guidelines
- 3) National health institutes: National Institutes of Health (NIH); National Institute on Alcohol Abuse and Alcoholism (NIAAA); National Institutes of Drug Abuse (NIDA); Substance Abuse and Mental Health Services Administration (SAMHSA)
- 4) Professional publications and psychiatric texts: [see Beacon's [Publication Reference Table](#)]
- 5) Federal/state regulatory and industry accreditation requirements, including CMS's National Coverage Determinations (NCDs) and Local Coverage Determinations (LCDs)
- 6) National industry peer organizations, including managed care organizations (MCOs) and behavioral health organizations (BHOs)