



NMNC 3.703.02 Medication Management (MM) (Child/Adolescent)

Medication management is the level of outpatient treatment where the primary service rendered by a qualified prescriber is the evaluation of the member's need for psychotropic medications; the provision of a prescription; and ongoing medical monitoring, including metabolic syndromes. The prescribing provider coordinates treatment with other treatment providers and primary care/pediatrician, as appropriate. Licensure and credentialing requirements specific to facilities and individual practitioners are found in Beacon's provider manual/credentialing information.

Admission Criteria	Continued Stay Criteria	Discharge Criteria
<p>All of the following criteria must be met:</p> <ol style="list-style-type: none"> 1. All of the admission criteria for Outpatient Services (See NMNC 5.501.03 Outpatient Professional Services) 2. Member's symptoms and behaviors demonstrate a need for a medication evaluation, prescription and monitoring of psychotropic medications to support optimal recovery 	<p>All of the following criteria must be met:</p> <ol style="list-style-type: none"> 1. All of the continuing stay criteria for Outpatient Services (see NMNC 5.501.03 Outpatient Professional Services) 2. Unless contraindicated, family, guardian, and/or custodian is actively involved in the treatment as required by the treatment plan, or there are active efforts being made and documented to involve them 3. Medications prescribed are consistent with general practice standards for treatment of the child and adolescent population as outlined by the American Academy of Child and Adolescent Psychiatry and the American Academy of Pediatrics 	<p>Any one of the following criteria must be met:</p> <ol style="list-style-type: none"> 1. Member no longer requires psychotropic medication; or 2. Family, guardian and/or custodian are competent but non-participatory in treatment. The non-participation is of such degree that treatment at this level of care is rendered ineffective or unsafe, despite multiple documented attempts to address non-participation issues; or 3. Consent for treatment is withdrawn by the parents/guardian or conservator
<p>Exclusion Criteria</p> <p>Any one of the following criteria is sufficient for exclusion from this level of care:</p> <ol style="list-style-type: none"> 1. There is another prescribing provider already certified and providing medication management services; or 2. There is evidence that the prescribing pattern is of a nature to be either not consistent with practice standards, is experimental, or places the child/adolescent at risk (medically). 		

Reference Sources

Beacon's Medical Necessity Criteria incorporate generally accepted standards of behavioral health practice documented in evidence- and consensus-based guidelines derived from:

- 1) Professional societies: American Psychiatric Association (APA); American Academy of Psychiatrists in Alcoholism and Addictions (AAPAA); American Academy of Child and Adolescent Psychiatry (AACAP)
- 2) National care guideline and criteria entities: American Society of Addiction Medicine (ASAM); MCG Care Guidelines
- 3) National health institutes: National Institutes of Health (NIH); National Institute on Alcohol Abuse and Alcoholism (NIAAA); National Institutes of Drug Abuse (NIDA); Substance Abuse and Mental Health Services Administration (SAMHSA)
- 4) Professional publications and psychiatric texts: [see Beacon's [Publication Reference Table](#)]
- 5) Federal/state regulatory and industry accreditation requirements, including CMS's National Coverage Determinations (NCDs) and Local Coverage Determinations (LCDs)
- 6) National industry peer organizations, including managed care organizations (MCOs) and behavioral health organizations (BHOs)